# An effect-theoretic reconstruction of quantum theory

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#### In this talk

- The use of physical principles in physics
- A brief history of (reconstructing) quantum theory

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- Generalised probabilistic theories
- Effectus theory and a new reconstruction

# Why Quantum Theory?

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# Why Relativity?

Einstein postulated two general physical principles:

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- Constancy of physical laws in different reference frames.

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- At the time there wasn't much evidence supporting this.
- It took him 10 years to formalise his third principle:
- Gravitational and inertial acceleration are equivalent.
- Incredibly, his theory still seems correct for large scale structures.

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- It points to meaningful experiments.
  (we can test the constancy of the speed of light)
- Aesthetically pleasing. (reduces 'why relativity?' to 'why these principles?')
- Helps the search for generalisations (because you know you need to break one of these principles)

# Back to quantum theory

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Very brief history of quantum mechanics

 1900–1925: Ad-hoc explanations using the idea of quanta in various areas of physics.

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- 1925: Heisenberg, Born and Jordan developed matrix mechanics, Schrödinger developed wave mechanics.
- 1932: von Neumann, Mathematische Grundlagen der Quantenmechanik.

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- 1932: von Neumann, Mathematische Grundlagen der Quantenmechanik.

Basically, we now still use the mathematical framework specified by von Neumann.

- To each physical system we associate a complex Hilbert space *H*.
- ▶ The states of a system correspond to unit vectors  $|\psi\rangle \in \mathscr{H}$  up to global phase.

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- The Hilbert space of a composite system is given by the tensor product of the component Hilbert spaces.

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Why is a composite system described by a tensor product?

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- Modern work (2000-2020) focuses more on operational frameworks.

# Operational viewpoint

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- Measurement probabilities are operational: 'prepare this state, apply this transformation, do this measurement. Repeat many times and record the probability of observing a certain outcome'.

Most modern (2000-2020) reconstructions of quantum theory use the framework of *generalized probabilistic theories* (GPTs), also called *operational probabilistic theories* (OPTs).

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▶ We have a collection of types of physical systems A, B, C, ....

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- Systems can be transformed into one another using transformations T : A → B.

These transform states:  $T(\omega) \in St(B)$ .

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- Systems can be transformed into one another using transformations T : A → B.
  These transform states: T(ω) ∈ St(B).
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- Systems can be transformed into one another using transformations T : A → B.
  These transform states: T(ω) ∈ St(B).
- A measurement of a system is represented by a collection of effects a<sub>1</sub>, a<sub>2</sub>,..., a<sub>k</sub> ∈ Eff(A).
- The probability that the outcome associated to  $a_j$  is observed when system is in state  $\omega$  is denoted by  $\omega(a_j) \in [0, 1]$ , and we have  $\sum_j \omega(a_j) = 1$ .

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This can be made more like a category:

- We have a special 'empty system' I.
- States can then be seen as transformations ω : I → A, i.e. 'create something from nothing'.
- An effect is a transformation a : A → I, i.e. 'destroy the system'.

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• Probabilities are transformations  $p: I \rightarrow I$ .

Given states ω<sub>1</sub>, ω<sub>2</sub> ∈ St(A), decide with probability p to prepare ω<sub>1</sub> and otherwise prepare ω<sub>2</sub>.

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- This makes St(A) a convex set.
- We have  $(p\omega_1 + (1-p)\omega_2)(a) = p\omega_1(a) + (1-p)\omega_2(a)$ .
- Similarly define pa<sub>1</sub> + (1 − p)a<sub>2</sub> for effects a<sub>1</sub>, a<sub>2</sub> ∈ Eff(A). This makes Eff(A) a convex set.

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• We have  $\omega(pa_1 + (1 - p)a_2) = p\omega(a_1) + (1 - p)\omega(a_2)$ .

• Each physical system is a complex matrix algebra  $M_n(\mathbb{C})$ .

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- Each physical system is a complex matrix algebra  $M_n(\mathbb{C})$ .
- States of the system are the *density operators* ρ ∈ M<sub>n</sub>(ℂ) (which satisfy ρ ≥ 0, tr(ρ) = 1).

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- Probability of outcome *i* when in state  $\rho$  is tr( $\rho E_i$ ).
- Composite systems given by tensor product of matrices.
- Transformations are completely positive trace-non-increasing maps (or equivalently, CP subunital maps in the opposite direction).

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A recipe for reconstructions of quantum theory:

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- Start with the GPT framework.
- Assume some nice physical principles.

A recipe for reconstructions of quantum theory:

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A recipe for reconstructions of quantum theory:

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Profit!

Underlying claim: GPTs can represent any physical theory.

GPTs already assume as given the classical probabilistic framework, and that probabilities are given by real numbers.

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This is categorically not very natural.

A suitable categorical framework

# Effectus theory

- K. Cho, B. Jacobs, B. Westerbaan & A. Westerbaan (2015): Introduction to effectus theory.
- B. Westerbaan (2018): Dagger and Dilation in the Category of Von Neumann algebras.

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 K. Cho (2019): Effectuses in Categorical Quantum Foundations.

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## Effectus Definition

An *effectus* is a category **C** with finite coproducts (+, 0) and a final object *I*, such that both:

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1. The following are pullbacks  $\forall X, Y$ :

$$\begin{array}{cccc} X + Y \xrightarrow{\mathsf{id}+!} X + I & X \xrightarrow{} I & I \\ & \downarrow^{!+\mathsf{id}} & \downarrow^{!+\mathsf{id}} & \downarrow^{\kappa_1} & \downarrow^{\kappa_1} \\ I + Y \xrightarrow{\mathsf{id}+!} I + I & X + Y \xrightarrow{} I + I & I \end{array}$$

2. The maps  $v, w : (I + I) + I \rightarrow I + I$  given by

 $v = [[\kappa_1, \kappa_2], \kappa_2]$  and  $w = [[\kappa_2, \kappa_1], \kappa_2]$  are jointly monic (i.e. if  $v \circ f = v \circ g$  and  $w \circ f = w \circ g$ , then f = g).

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• Sets (or more generally any topos).

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Opposite of category of *order unit spaces* In particular any (causal) general probabilistic theory.
### Examples of effectuses

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- Opposite of category of *order unit spaces* In particular any (causal) general probabilistic theory.
- Opposite category of von Neumann algebras

### Basic definitions and consequences

- Partial maps:  $f : X \rightarrow Y + I$ .
- States: St(X) := Hom(I, X).
- *Effects*: Eff(X) := Hom(X, I + I).

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## Basic definitions and consequences

- Partial maps:  $f : X \rightarrow Y + I$ .
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- ► Scalars: Hom(I, I + I).
- The states form an abstract convex set.
- The effects form an *effect algebra*.
- The partial maps preserve this structure.

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## Basic definitions and consequences

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- The states form an abstract convex set.
- The effects form an *effect algebra*.
- The partial maps preserve this structure.

Definition of effectus is basically chosen to make these things true

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#### Definition

An effect algebra  $(E, 0, 1, +, (\cdot)^{\perp})$  is a set E with partial commutative associative "addition" + and involution  $(\cdot)^{\perp}$  such that

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• 
$$(x^{\perp})^{\perp} = x$$
,

• 
$$x + x^{\perp} = 1$$
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• If x + 1 is defined, then x = 0.

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Examples:

• [0,1]  $(x + y \text{ is defined when } x + y \leq 1, x^{\perp} := 1 - x).$ 

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- Any Boolean algebra
- Any interval [0, u] with  $u \ge 0$  in an ordered vector space

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▶ In particular: set of effects of C\*-algebra.

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- ▶ In particular: set of effects of C\*-algebra.

Note1: Effect algebra is partially ordered by  $x \leq y$  iff  $\exists z : x + z = y$ .

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- Any interval [0, u] with  $u \ge 0$  in an ordered vector space
- ▶ In particular: set of effects of C\*-algebra.

Note1: Effect algebra is partially ordered by  $x \le y$  iff  $\exists z : x + z = y$ . Note2: Effect algebras are Eilenberg-Moore algebras of free-forgetful adjunction between bounded posets and orthomodular posets.

## Baby effectus

#### Definition

An *Effect theory* is a category **C** with designated object *I* such that Hom(A, I) is an effect algebra, and for any  $f : B \to A$ :  $0 \circ f = 0, (p + q) \circ f = (p \circ f) + (q \circ f).$ 

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This is what we replace GPTs with. Now we introduce the additional assumptions.

A compression for  $q : A \rightarrow I$  is a map  $\pi_q : A_q \rightarrow A$  with  $1 \circ \pi_q = q \circ \pi_q$ ,

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A compression for  $q : A \to I$  is a map  $\pi_q : A_q \to A$  with  $1 \circ \pi_q = q \circ \pi_q$ , such that for all  $f : B \to A$  with  $1 \circ f = q \circ f$ :



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A filter for  $q: A \to I$  is a map  $\xi_q: A \to A^q$  with  $1 \circ \xi \leq q$ ,

A compression for  $q : A \to I$  is a map  $\pi_q : A_q \to A$  with  $1 \circ \pi_q = q \circ \pi_q$ , such that for all  $f : B \to A$  with  $1 \circ f = q \circ f$ :



A *filter* for  $q : A \to I$  is a map  $\xi_q : A \to A^q$  with  $1 \circ \xi \leq q$ , such that for all  $f : A \to B$  with  $1 \circ f \leq q$ :



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#### Quotient and Comprehension: All the adjunctions!



$$\begin{array}{l} \mathsf{Pred}_{\square}(\mathbf{C}):\\ \mathsf{Objects} \text{ are } (X,p:X \to I).\\ \mathsf{Morphisms:} \ f:(X,p) \to (Y,q) \text{ is}\\ f:X \to Y \text{ with } p^{\bot} \geqslant q^{\bot} \circ f. \end{array}$$

#### Source: arXiv:1512.05813, p.97

See also: Cho, Jacobs, Westerbaan<sup>2</sup> 2015. Quotient-Comprehension Chains

### Example

Let  $\mathbf{Mat}_{\mathbb{C}}^{\mathrm{op}}$  be the opposite category of positive sub-unital maps  $f: M_n(\mathbb{C}) \to M_m(\mathbb{C})$ . I.e  $a \ge 0 \implies f(a) \ge 0$  and  $f(1) \le 1$ .

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#### Example

Let  $\operatorname{Mat}_{\mathbb{C}}^{\operatorname{op}}$  be the opposite category of positive sub-unital maps  $f: M_n(\mathbb{C}) \to M_m(\mathbb{C})$ . I.e  $a \ge 0 \implies f(a) \ge 0$  and  $f(1) \le 1$ . An *effect* then corresponds to  $q \in M_n(\mathbb{C})$  with  $0 \le q \le 1$ .

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Write 
$$q = \sum_i \lambda_i q_i$$
 with  $\lambda_i > 0$ ,  $q_i q_j = \delta_{ij} q_i$   
Define  $[q] = \sum_i q_i$ .  $[q] = \sum_{i;\lambda_i=1} q_i$ .

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Define  $[q] = \sum_i q_i$ .  $[q] = \sum_{i;\lambda_i=1} q_i$ .  
The projection  $\pi_q : M_n(\mathbb{C}) \to [q]M_n(\mathbb{C})[q]$  is a compression.  
 $\xi_q : [q]M_n(\mathbb{C})[q] \to M_n(\mathbb{C})$  with  $\xi_q(p) = \sqrt{q}p\sqrt{q}$  is a filter.

**NOTE**: Being universal objects, compressions and filters are unique up to isomorphism.

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#### Definition

An *image* of  $f : A \rightarrow B$  is the smallest effect  $q \in Eff(B)$  such that  $q^{\perp} \circ f = 0$ .

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An effect theory has images, and for all sharp effects compressions and filters if and only if the category has all kernels and cokernels.

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#### Proposition

An effect theory has images, and for all sharp effects compressions and filters if and only if the category has all kernels and cokernels.

In fact: compressions *are* kernels, and filters for sharp effects *are* cokernels.

 $\Rightarrow$  filters are "fuzzy" cokernels.

#### Definition

We call a map f pure when there exists a filter  $\xi$  and compression  $\pi$  such that  $f = \pi \circ \xi$ .

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Motivation: In  $\operatorname{Mat}_{\mathbb{C}}^{\operatorname{op}}$  a map  $f : M_n(\mathbb{C}) \to M_m(\mathbb{C})$  is pure iff  $\exists V : \mathbb{C}^n \to \mathbb{C}^m$  such that  $f(a) = VaV^{\dagger}$  for all a. These are the *Kraus rank-1 operators* 

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#### Remark

From definition it is not clear that pure maps are closed under composition. But: In  $Mat_{\mathbb{C}}^{op}$  it is true.

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From definition it is not clear that pure maps are closed under composition. But: In  $Mat_{\mathbb{C}}^{op}$  it is true. Also: there is an obvious dagger on pure maps in  $Mat_{\mathbb{C}}^{op}$ .

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## Some motivation for compression and filter axioms

- A compression relates the subsystem where an effect is certainly true to the original system.
- Conversely, a filter *filters* a subsystem to make an effect true.

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- A compression relates the subsystem where an effect is certainly true to the original system.
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- Hence, 'reversing' a filter we get a compression and vice versa.

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Note also that if we compose a compression with a filter for the same effect, that we arrive back at the same system.

## Pure effect Theories

#### Definition

A *pure effect theory* (PET) is an effect theory satisfying the following:

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- 1. All maps have images.
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Examples of PETs:

Kleisli category of distribution monad.

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## **PET** examples

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Category of finite-dimensional real C\*-algebras.
Examples of PETs:

- Kleisli category of distribution monad.
- vNA<sup>op</sup><sub>ncpsu</sub>: von Neumann algebras with normal completely positive sub-unital maps between them.
- Category of finite-dimensional *real* C\*-algebras.
- EJA<sup>op</sup><sub>psu</sub>: positive sub-unital maps between *Euclidean Jordan* algebras.

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## Euclidean Jordan algebras

#### Definition

A Euclidean Jordan algebra (EJA)  $(E, \langle \cdot, \cdot \rangle, *, 1)$  is a real Hilbert space with a commutative unital product that satisfies  $\forall a, b, c$ :

$$a * (b * a^2) = (a * b) * a^2$$
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Example:  $M_n(F)^{sa}$  — self-adjoint matrices over  $F = \mathbb{R}, \mathbb{C}, \mathbb{H}$  with  $A * B := \frac{1}{2}(AB + BA)$  and  $\langle A, B \rangle := tr(AB)$ .



## Me explaining why Jordan algebras are cool:



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## Definition

We call an effect theory operational when

- Scalars are real: Eff(I) = [0, 1].
- States *order-separate* the effects.

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Operational effect theory  $\approx$  generalized probabilistic theory

## Main result 1: Everything is a Jordan algebra

#### Theorem

# Let **C** be an operational PET. Then there is a functor $F : \mathbf{C} \to \mathbf{EJA}_{psu}^{op}$ with $F(\text{Eff}(A)) \cong \text{Eff}(F(A))$ .

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"Operational PETs consist of Euclidean Jordan algebras"

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## Monoidal effect theories

How to go from Jordan algebras to quantum theory?

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## Monoidal effect theories

How to go from Jordan algebras to quantum theory? Answer: Jordan algebras don't have tensor products

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## Definition

An effect theory is *monoidal* when it is monoidal, *I* is the monoidal unit and the tensor preserves addition.

How to go from Jordan algebras to quantum theory?

Answer: Jordan algebras don't have tensor products

## Definition

An effect theory is *monoidal* when it is monoidal, *I* is the monoidal unit and the tensor preserves addition. A PET is monoidal if the subcategory of pure maps is in addition also monoidal.

# Quantum Theory Reconstructed

Theorem

Let **C** be a monoidal operational PET. Then there is a functor  $F : \mathbf{C} \to \mathbf{D}^{\text{op}}$  with  $F(\text{Eff}(A)) \cong \text{Eff}(F(A))$  where **D** is an appropriate category of real or complex C\*-algebras.

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Recall the assumptions:

- 1. All maps have images.
- 2. When q is sharp,  $q^{\perp}$  is sharp.
- 3. All effects have filters and compressions.
- 4. The pure maps form a monoidal dagger-category.
- 5. If  $\pi_q$  is a compression for sharp q, then  $\pi_q^{\dagger}$  is a filter for q.
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While our axioms can be written abstractly, in the end we still need real numbers to prove the result. Can we do better?

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Yes!

(based on *Dichotomy between deterministic and probabilistic models in countably additive effectus theory*, by Cho, Westerbaan & vdW)

• Recall that [0,1] is an effect algebra using its regular addition.

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## $\sigma\text{-effect}$ algebras

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## Definition (informal)

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Examples EJA<sup>op</sup><sub>psu</sub>, vNA<sup>op</sup><sub>ncpsu</sub>.

## $\sigma\text{-effect}$ monoids

#### In a $\sigma$ -effect theory, the scalars hom(I, I) form a $\sigma$ -effect monoid.

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#### Theorem (Westerbaan, Westerbaan & vdW, LICS'20)

A  $\sigma$ -effect monoid M embeds into  $M_1 \oplus M_2$  where  $M_1$  is a  $\omega$ -complete Boolean algebra and  $M_2 := \{f : X \to [0, 1] \text{ continuous}\}$  for a basically disconnected X.

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#### Corollary

Scalars in a  $\sigma$ -effect theory are commutative.

# Normalisation in $\sigma$ -effect theories

## Theorem

Let **C** be a  $\sigma$ -effect theory with  $M = \hom(I, I)$ . The following are equivalent.

- States in **C** can be normalised.
- Non-zero scalars are epi.
- *M* has a 'division' operation.
- *M* has no zero divisors  $(a \cdot b = 0 \implies a = 0 \text{ or } b = 0)$ .
- *M* is irreducible  $(M_1 \oplus M_2 = M \implies M_1 = 0 \text{ or } M_2 = 0)$ .

## Normalisation in $\sigma$ -effect theories

#### Theorem

Let **C** be a  $\sigma$ -effect theory with  $M = \hom(I, I)$ . The following are equivalent.

- States in **C** can be normalised.
- Non-zero scalars are epi.
- *M* has a 'division' operation.
- *M* has no zero divisors  $(a \cdot b = 0 \implies a = 0 \text{ or } b = 0)$ .
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Furthermore, if any and thus all these conditions hold then  $M \cong \{0\}$ ,  $M \cong \{0,1\}$  or  $M \cong [0,1]$ .

Hence:  $\sigma$ -effect theories with normalisation come in three types:

hom(I, I) ≈ {0}: only holds when C is equivalent to the trivial single-object category with a single morphism.

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hom(I, I) ≃ {0,1}: C is deterministic, i.e. the probability p ∘ ω that an effect p holds on a state ω is either 0 or 1.

Hence:  $\sigma$ -effect theories with normalisation come in three types:

- hom(I, I) ≈ {0}: only holds when C is equivalent to the trivial single-object category with a single morphism.
- ▶ hom(*I*, *I*)  $\cong$  {0,1}: **C** is **deterministic**, i.e. the probability  $p \circ \omega$  that an effect *p* holds on a state  $\omega$  is either 0 or 1.
- ▶ hom(*I*, *I*)  $\cong$  [0, 1]: **C** is **probabilistic**, i.e. the probability  $p \circ \omega$  is an actual real probability.

Hence:  $\sigma$ -effect theories with normalisation come in three types:

- hom(I, I) ≈ {0}: only holds when C is equivalent to the trivial single-object category with a single morphism.
- hom $(I, I) \cong \{0, 1\}$ : **C** is **deterministic**, i.e. the probability  $p \circ \omega$  that an effect p holds on a state  $\omega$  is either 0 or 1.
- ▶ hom(*I*, *I*)  $\cong$  [0, 1]: **C** is **probabilistic**, i.e. the probability  $p \circ \omega$  is an actual real probability.

So any 'non-boring'  $\sigma\text{-effect}$  theory with normalisation is basically a GPT.

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Definition of purity motivated trough effectus theory

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- Operational PET + purity assumptions = Jordan algebras

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- Adding tensor products gives C\*-algebras, and thus standard quantum theory
- Assuming the existence of real numbers can be replaced by requiring countable sums and normalisation to exist.

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Future work:

Minimality of conditions?

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Future work:

- Minimality of conditions?
- How much can be done without assuming real numbers?

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# Thank you for your attention